



9-mile: Gentle terrain, some hills, for almost all cyclists
16-mile: Gentle terrain for almost all cyclists
18- and 33-mile: Moderate terrain, hilly, for intermediate cyclists

Many people think of Freeport, Maine, as a shopping mecca. The anchor store was opened in 1912 by Leon Leonwood Bean, creator of the famous Maine Hunting Shoe. Today L.L. Bean dominates this small New England town, although in recent years many other stores have taken over the town's main street and made this a shopper's heaven.

The 9-mile loop takes you out to Wolfe's Neck Woods State Park where you can see the rocky coast. There is seaside camping off Lower Flying Point and Burnett Roads. The 16-mile loop explores the back roads in the Freeport area and goes by the Maine Audubon Mast Landing Sanctuary. The 18- and 33-mile loops take cyclists through the lesser-known scenic pleasures of Freeport and nearby Brunswick, home of pretty Bowdoin College and the Joshua L. Chamberlain Museum. To see Wolfe's Neck Woods State Park, a gem of a small park, see the 9-mile loop directions.

Special features: Views of Harraseeket, Maquoit, and Casco Bays; Wolfe's Neck Woods State Park; Maine Audubon Mast Landing Sanctuary; Bowdoin College; Joshua L. Chamberlain and Perry-MacMillan Museums

Road conditions: Generally good

Cautions: Moderate traffic and narrow roads. Some roads have no shoulders.

Starting point: All rides originate from Leon Gorman Park on Bow St (0.6 mi from Main St/US 1) in Freeport. From the South, take Exit 20 off I-295 and follow signs to the business district. Turn right at the traffic light on Bow St for 0.6 mi to park on left.

See p. 10 for accommodation information and events in the area.

Starting Point: Freeport: Leon Gorman Park on Bow St (0.6 mi from Main St/US 1)

At	Go	Onto	For	Travel Information
9-mile ride				
Freeport—Wolfe's Neck				
0.0	L	Bow Street (Flying Point Rd)	0.9	Convenience store next to park
0.9	BR	Flying Point Rd	2.0	Pleasant Hill Rd goes left
2.9	R	Lower Flying Point Rd	0.3	Continue straight for campground on Lower Flying Point Rd
3.2	R	Burnett Rd	1.4	Campground on Burnett Rd (road is part gravel)
4.6	L	Wolfe's Neck Rd	0.5	Wolfe's Neck Woods State Park (fee, hiking, picnicking, toilets)
5.1	R	Wolfe's Neck Rd	2.1	From Wolf's Neck Woods State Park
7.2	L	Flying Point Rd (Bow St)	1.7	
8.9	R	Leon Gorman Park		End of Ride
16-mile ride				
Freeport—South Freeport				
0.0	R	Bow St	0.4	Convenience store next to park
0.4	L	South St	2.4	Convenience store
2.8	L	Main St (South Freeport)	0.2	Convenience store
3.0	R	Harraseeket Rd	0.1	
3.1	R	Park St	0.2	
3.3	L	South Freeport Rd	1.7	Farm stand, camping, and beach
5.0	R	US 1	0.9	Sandwich shop
5.9	L	Old County Rd	0.6	Bike shop on corner
6.5	R	Webster Rd	2.0	RR crossing
8.5	L	Desert Rd	0.1	
8.6	R	Merrill Rd	0.5	
9.1	L	Merrill Rd (unmarked)	0.6	Left at stop sign, continue on Merrill Rd
9.7	R	Verrill Rd	0.5	Verrill Rd sign on left

CUE SHEET LEGEND	
R	RIGHT TURN
L	LEFT TURN
S	CONTINUE STRAIGHT
BR	BEAR RIGHT
BL	BEAR LEFT
QR	QUICK RIGHT
QL	QUICK LEFT



Brunswick, Maine

At	Go	Onto	For	Travel Information
10.2	R	Elmwood Rd (Pownal Rd)	2.5	Campground
12.7	R	Mallett Dr (ME 125/136)	0.6	Convenience store
13.3	L	Main St (US 1)	0.9	Lodging, restaurants, shopping
14.2	R	Upper Mast Landing Rd	1.0	RR crossing, Audubon Sanctuary on left
15.2	R	Flying Point Rd (Bow St)	0.4	
15.6	R	Leon Gorman Park		End of Ride
18-mile ride				Freeport—Brunswick
0.0	L	Bow St (Flying Point Rd)	0.9	Convenience store next to park
0.9	BL	Pleasant Hill Rd	6.0	Road with shoulder, four-way stop at Casco Rd intersection
6.9	R	Maine Street	0.2	Turn left for 1.3 mi to downtown Brunswick. Services available including bicycle repair.
7.1	BL	Mere Point Rd	2.0	Stay right at fork on Mere Point Rd
9.1	R	Rossmore Rd	1.1	
10.2	L	Maquoit Rd	1.2	Maquoit Bay, at sharp corner. Maquoit Rd becomes Woodside Rd.
11.4	L	Bunganuc Rd	1.2	
12.6	L	Casco Rd/Flying Point Rd	5.7	See travel information at mi 27.4 below.
18.3	R	Leon Gorman Park		End of Ride
33-mile ride				Freeport—South Freeport—Brunswick
Continues from mi 15.2 of 16-mile ride				
15.2	L	Flying Point Rd	0.5	
15.7	BL	Pleasant Hill Rd	6.0	Good road with shoulder, four-way stop at Casco Rd intersection
21.7	R	Maine St	0.2	Turn left for 1.3 mi to downtown Brunswick. Services available including bicycle repair.
21.9	BL	Mere Point Rd	2.0	Stay right at fork on Mere Point Rd
23.9	R	Rossmore Rd	1.1	
25.0	L	Maquoit Rd	1.2	Maquoit Bay, at sharp corner. Maquoit Rd becomes Woodside Rd.
26.2	L	Bunganuc Rd	1.2	
27.4	L	Casco Rd/Flying Point Rd	5.7	After 0.2 mi, Casco Rd becomes Flying Point Rd, then Bow St. Bear right at sharp corner at intersection of Lower Flying Point Rd; two campgrounds are to the left at this intersection. One on Burnett Road (road becomes gravel) and one on Lower Flying Point Rd.
33.1	R	Leon Gorman Park		End of Ride